



STRATTON HOUSE
Nursing Home

• Weekly Meal Plan •

SUN

BREAKFAST

Assorted Cereals
Toast, Crumpets
butter & Jam

LUNCH

Roast Beef, Veg & Gravy
Cauliflower Cheese
Trifle & Cream

DINNER

Assorted Sandwiches
Soup & Bread
Chocolate Mousse

MON

BREAKFAST

Assorted Cereals
Toast & Jam
Sausage Baps

LUNCH

Sweet & Sour Chicken
Jacket Potato, Cheese
& Beans
Chocolate Mousse

DINNER

Assorted Sandwiches
Cheese Omlette
Assorted Cake

TUES

BREAKFAST

Assorted Cereals
Toast & Jam
Boiled Eggs on Toast

LUNCH

Lamb Hot Pot, Mash &
Veg
Sausage Rolls & Chips
Fruit Salad & Cream

DINNER

Assorted Sandwiches
Cheese Crumpets
Banana Mousse

WED

BREAKFAST

Assorted Cereals
Toast & Jam
Tomatoes on Toast

LUNCH

Cheese Omlette or Fish
Cake, Chips & Veg
Chocolate Cake &
Custard

DINNER

Assorted Sandwiches
Poached Eggs on
Toast
Rice Pudding

THURS

BREAKFAST

Assorted Cereals
Toast & Jam
Fried Eggs on Toast

LUNCH

Toad In The Hole, Veg &
Gravy
Sausage, Egg, Chips &
Beans
Scones & Jam

DINNER

Assorted Sandwiches
Cheese on Toast
Jelly & Custard

FRI

BREAKFAST

Assorted Cereals
Toast & Jam
Toasted Tea Cakes

LUNCH

Battered Fish, Chips &
Peas
Jacket Potato, Cheese &
Beans
Strawberry Mousse

DINNER

Assorted Sandwiches
Corned Beef Hash
Peaches & Cream

SAT

BREAKFAST

Assorted Cereals
Toast & Jam
Scramble Eggs on
Toast

LUNCH

Beef Pie, Mash,
Vegetables & Gravy
Fish, Chips & peas
Summer Fruit & Cream

DINNER

Assorted Sandwiches
Toasted Tea Cakes
Jam Sponge &
Custard